

Tanya Wyman, MD, CCFP

4800 Leslie Street, Suite 311
Toronto, Ontario, M2J 2K9

Telephone: 416.222.5439
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To all my patients,

As I sit here in Muskoka while I work as a camp doctor for hundreds of kids and staff for a couple of weeks, I am enjoying reflecting on the past year. At home, my kids are growing beautifully and quickly. My daughter is finished grade 7 and still loving her competitive gymnastics. My eldest son is having his first summer as a sleepover camper and spent his spring enjoying baseball and school. My twins have completed grade 1 and are looking forward to a summer of outdoor play.

At the office, all has been working smoothly thanks to our staff members, Wendy, TJ and Tara. We have enjoyed having our resident, Dr. Michael Nartey, complete his first year of family practice residency. I will also have some medical students whom I will be teaching over the year. Thank you for allowing them to learn from you by including them in your care. You are an integral part to their education. Please note that I always closely supervise our students.

As your physician, my aim is to help you maintain your well-being by promoting a healthy lifestyle and educating you about medical issues and illness prevention. In order to do this properly, I need to make sure we get the most out of our time together. You can help me with this by letting my staff know as much detail as you feel comfortable about why you need to be seen when you call in so they can triage you appropriately. Regular appointments are 10-15 minutes in length, which gives us time to deal with 1-2 issues. We leave several spots open every day for emergency appointments. So please call us first instead of going to a walk-in clinic.

Physicals for preventative care are booked as 30-minute appointments and are not needed for everyone every year. As a general rule, a periodic health visit (previously known as an annual physical) is required 2-3 times in your 20's, 3 times in your 30's, 4 times in your 40's, 5 times in your 50's and every 1-2 years thereafter. These appointments are primarily for reviewing your history and ensuring appropriate preventative health tests are up to date. Please book regular appointments at any other time to review medical concerns. For those of you with medical conditions, I will need to see you more regularly to monitor you and your medications.

There are a number of preventative health measures that are very important to take at regular intervals. For patients over 50, screening tests for colon cancer are recommended. For women age 21-70, pap smears are every 3 years if there have been no recent abnormal paps. Mammograms are recommended for women 50 and older every 1-3 years. I also encourage you to get the annual flu shot. Our drop-in **flu shot clinics** this year for our patients will be on **Tuesday, October 20, 2015** and **Wednesday, November 4, 2015** from **4 pm - 7 pm**. No appointment is required.

A few things to keep in mind:

1. Please be on time for your appointments. I try my best to stay on time, however, occasionally urgent issues come up that take time to resolve. I do appreciate your patience. It helps us run efficiently if multiple issues are not brought to each visit.
2. Please do not let your prescriptions run out. It is important to keep track of your medication and contact our office when you are getting low. Please do not wait until you only have a couple pills left. If your medication has no renewals left, it means that you are due for a visit to my office. Please do not stop medications on your own.
3. Please give us 24 hours notice if you cannot make your appointment. Missing an appointment affects our office significantly and other patients who need to be seen.
4. Please do not forget to let our office know if you have moved or have a new telephone number.

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When you have a minute, feel free to visit our office website: www.lesliemedical.com. It has health tips, information about the flu shot, a copy of this annual letter and other important information about the office. As well, please fill in your email address on the attached form. We are hoping in the near future to have some email communication regarding office information.

As part of my commitment to provide you with the best medical care possible, we offer some services that are not covered by OHIP. Please review the annual fee letter included with this update. This fee covers a large number of medical services and can amount to substantial savings if unexpected needs arise over the year. If you decide not to participate in this offer, we will bill you per service and your fees will be due by your next appointment. The 2015/2016 fees are: \$125 for an individual, \$225 for a couple and \$250 for a family (including kids < 21). You can pay this year's fee by cheque, credit card in the office, or on-line by visiting <http://www.lesliemedical.com/payment>.

I wish you all a healthy and happy year ahead.



Dr. Tanya Wyman

*If you have received this letter and you are not a patient of this office, please inform us at 416-222-5439.

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For those who choose not to take advantage of the annual fee option, the office billing system will automatically issue invoices for uninsured services at the listed rates. Outstanding invoices will be due by your next visit.

The Following Uninsured Services ARE Covered by the Annual Fee

Prescription refills by fax (when appropriate and only at the request of the patient or patients representative) * We do not do telephone requests or renewals	\$ 25	Letters on behalf of patients (when appropriate and depending on work required)	\$ 100 - \$200
Telephone advice by the physician when available/10 min**(at the request of the patient or patients representative)	\$ 25	Medical examination to certify fitness to return to work requested by employer(no charge if medically necessary)	\$ 75
Medical Supplies (cortisone, splints, etc.) \$ 50 Wart treatment (other than plantar)	\$ 25 - \$55	Travel advice in the office	\$ 50
Injections for travel purposes (per injection)	\$ 15	Removal of benign skin lesions with cryotherapy (e.g. liquid nitrogen)	\$ 25
Lost Referral Notes/Prescriptions	\$ 25	Photocopying – Per Page **	\$ 1.50
One Cosmetic mole removal	\$ 75	Driver's Medical Examinations ***	\$125
Medical reports/forms (without examination) *****			
Forms required for volunteers at nursing homes/hospitals	\$ 25	Special forms for insurance coverage of massage therapy and orthotics ****	\$ 20
Forms required for commercial weight loss programs	\$ 25	Day Care Notes (communicable disease)	\$ 30
Illness/return to work notes (simple)	\$ 25	School/Camp Form (excluding examination)	\$ 25
Employment Insurance / Maternity Certificate	\$ 25	Revenue Canada Disability Form	\$ 50
Fitness Clubs Form	\$ 25	Travel cancellation insurance form	\$ 50 - \$75
Private Insurance forms	\$ 50 - \$200	CPP disability Medical Report form	\$ 60
Life Insurance Death Certificate	\$ 50	Miscellaneous	as applicable

The Following Uninsured Services are NOT Covered by the Annual Fee

They are available to all patients at standard OMA rates

Physical exam requested by a third party (this type of examination is covered by OHIP in certain circumstances). We would be pleased to review these circumstances with you at the time the service is requested. This type of examination is insured when medically necessary AND if it relates to any of the following:

1. Receiving disability or sickness benefits or requirements in a policy or contract dealing with disability or sickness benefits.
2. Return to a daycare or preschool program after a temporary absence
3. Certain requirements regarding fitness to continue employment
4. An absence from or return to work.
5. Legal proceedings

Missed appointment	\$ 40	Preparation of a chart summary or copies of health records for transfer purposes when the transfer is at the request of the patient or the patient's representative	from \$ 30
Missed annual assessment	\$ 70		
Disability Report/Insurance Forms	OMA Rate		
Legal Reports	OMA Rate		

*** Prescription renewals ordinarily require an office visit to re-assess the condition requiring the prescription. If you do not wish to schedule an appointment to review your medication, we will charge for this service. Please anticipate your renewals, ask for renewals at each visit and bring your medications for your appointments.**

**** Long distance charges will be applied as required**

***** Driver's Medical and other third party examinations are uninsured services. The fee listed will be reduced by 50% for those who pay the Annual Fee.**

****** Special forms for massage therapy and orthotics are not insured services and will now be billed**

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COVERAGE FOR UNINSURED SERVICES

SEPTEMBER 1, 2015 – AUGUST 31, 2016

Prompt completion and return of this form would be greatly appreciated

Family Name(s): *(please print)* _____

First Name	Health Card Number	Version Code	Date of Birth	Daytime Phone Number

The “**version code**” is an essential part of your health card number. If you have a version code, it will be the letter(s) to the right of the health card number. Please be sure to inform us whenever you receive a new health card.

___ No change of phone numbers or address.

___ New Address: _____


Telephone numbers: Home _____ Business _____

*Please provide us with your **email** address for easier communication _____

Option A – I enclose annual fee (cheque or cash)

I am requesting coverage as an: Individual - \$125.00
 Couple - \$225.00
 Family (including children up to 21 years) – \$250.00

Cheques should be made payable to “Dr. Tanya Wyman”

 You can also securely **pay on-line** by going to <http://www.lesliemedical.com/payment>

Option B – I wish to pay for individual services when rendered
(See fee schedule enclosed)

Signature _____